

## **Handy Service and Falls Prevention**

**Our Handy Service offers support so you can continue to live independently at home, reducing your risk of falls and making sure you feel safe and warm.**

We can visit your home to identify falls hazards such as:

- Loose carpets, lino, rugs or trailing wires
- Low light levels such as blocked windows and broken lightbulbs
- Cluttered walkways, especially steps & stairs
- Tripping points such as raised thresholds and hidden steps
- Overgrown paths and access routes to your doorway

We can recommend and carry out actions to remove or reduce most hazards, depending on the size and scale of the work required.

ACTS Handy Service can install equipment to keep you steady and safe in your home, such as handrails, banister rails and key safes; and can also identify ways you can save energy (and money on your bills!), including fitting free measures such as draft excluders and energy saving lightbulbs.

**Call us on 0191 4566903**

**Email: [cmt@ac-ts.org.uk](mailto:cmt@ac-ts.org.uk)**

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Registered Charity Number 1168807